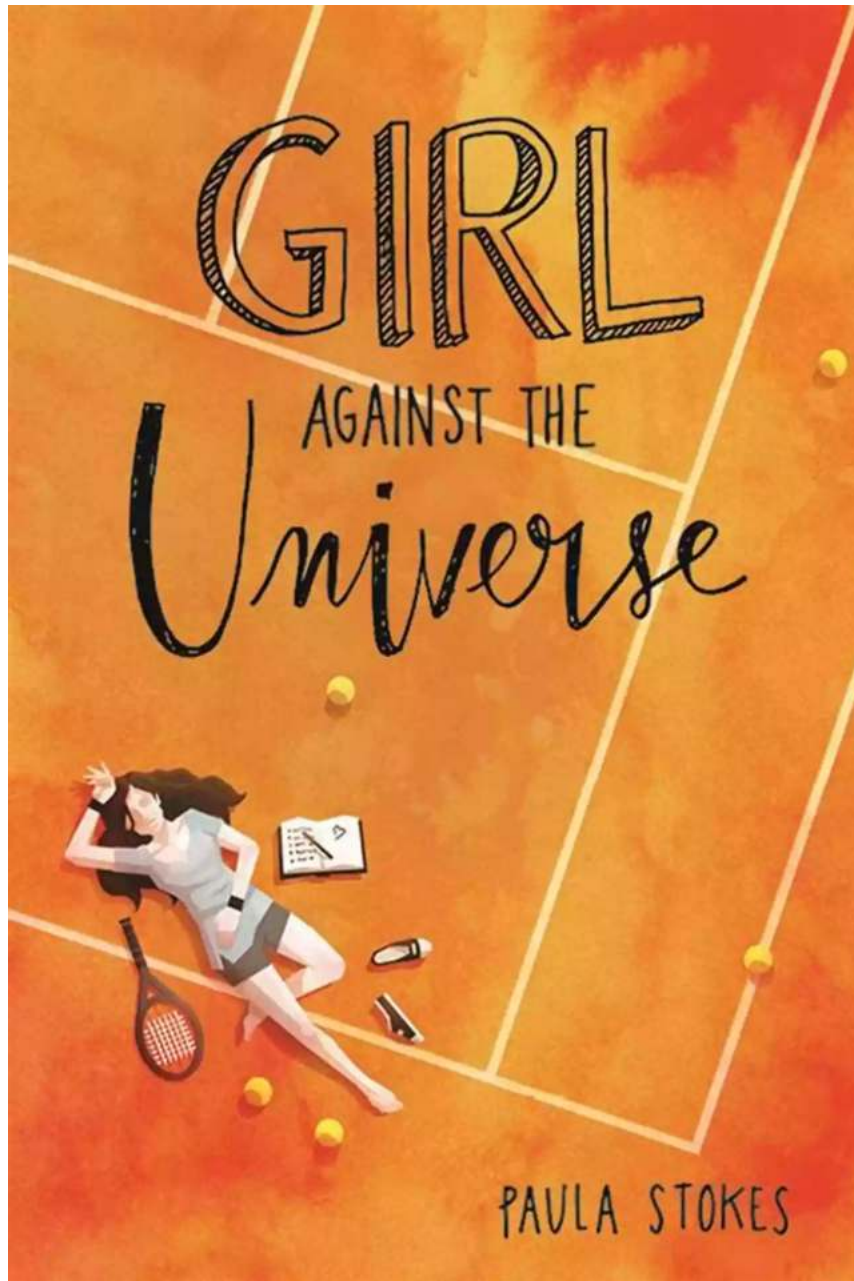


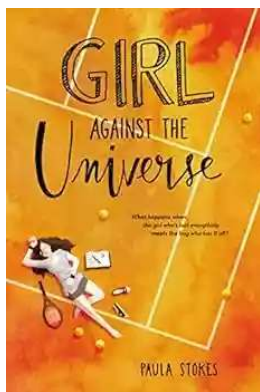
# Girl Against The Universe by Paula Stokes: A Journey of Healing and Overcoming Adversity



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**A Powerful Tale of Personal Growth**

Paula Stokes' novel, "Girl Against The Universe," takes readers on a captivating and emotional journey of healing and overcoming adversity. The story follows 17-year-old Maguire, who has been labeled as "The Unlucky One" due to a series of tragic accidents that have left her traumatized and full of guilt.



### **Girl Against the Universe** by Paula Stokes(Kindle Edition)

★★★★☆ 4.6 out of 5

Language : English  
File size : 1846 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 405 pages



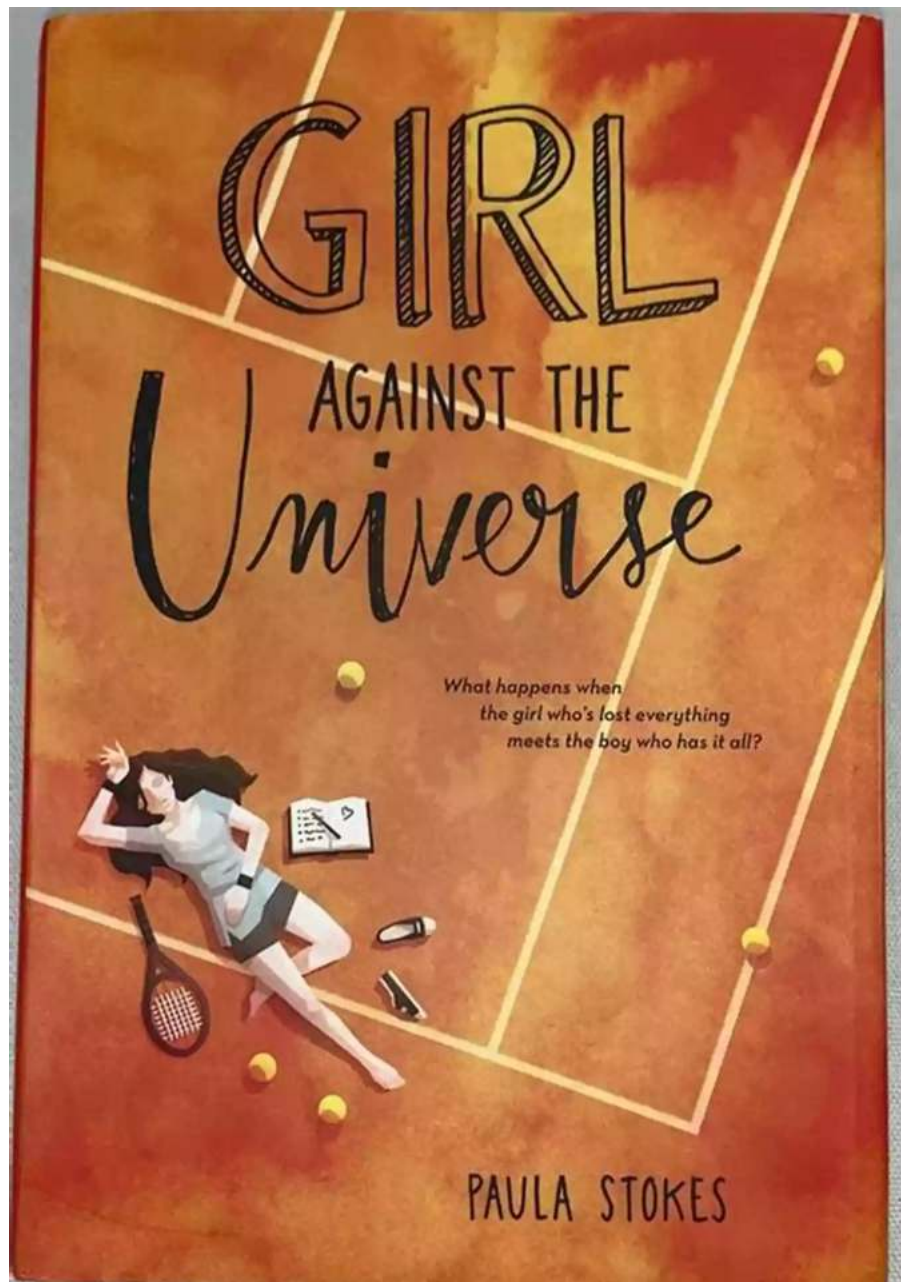
Struggling with anxiety and an overwhelming fear of seemingly ordinary activities, Maguire believes that she is somehow responsible for the misfortunes that befall those around her. Determined to make a fresh start, she embarks on a new journey towards healing and self-discovery.

### **Confronting Her Fears and Finding Support**

As Maguire navigates through her journey, she meets Jordy, a charming and empathetic tennis star who becomes an integral part of her healing process. With his guidance and constant support, Maguire slowly starts to confront her fears and takes small steps towards breaking free from her self-imposed isolation.

Stokes does a remarkable job capturing the challenges faced by individuals struggling with mental health issues. She portrays Maguire's anxiety and panic

attacks with great sensitivity, providing readers with a deep understanding of the character's emotional turmoil.



### **An Inspiring and Relatable Protagonist**

Maguire's character is relatable and inspiring, making her journey one that readers can connect with on a personal level. Her determination to overcome her

fears, combined with Stokes' skillful storytelling, provides a moving portrayal of resilience, friendship, and the power of self-belief.

Throughout the novel, Maguire learns to trust herself and those around her, ultimately discovering that she is not alone in her struggles. She finds strength in the support of her therapist, family, and newfound friends, reminding readers of the importance of seeking help and leaning on our loved ones during challenging times.

## **A Well-crafted Narrative**

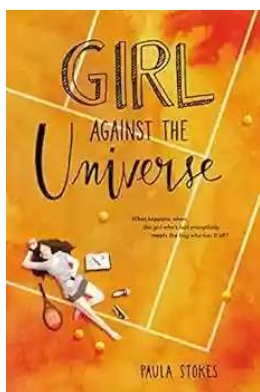
Stokes beautifully weaves a story of hope, love, and personal growth. The narrative flows seamlessly, captivating readers from the very first page. The author's attention to detail and vivid descriptions allow us to visualize each scene, immersing ourselves in Maguire's world and experiencing her transformation alongside her.

The novel also delves into important themes such as mental health, survivor's guilt, and the impact of therapy. Stokes handles these topics with care and authenticity, providing valuable insights into the struggles that many individuals face and offering a message of hope and resilience.

"Girl Against The Universe" by Paula Stokes is a compelling and powerful novel that explores the complexities of mental health and the journey to healing. Maguire's story reminds us of the importance of self-belief, perseverance, and the support of those who care about us.

If you're looking for a thought-provoking and uplifting read, this book is a must-read. Join Maguire as she defies the universe and proves that with determination and the right support, we can overcome the challenges that life throws our way.

Get your copy of "Girl Against The Universe" by Paula Stokes here.



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From the author of *The Art of Lainey* and *Liars, Inc.* comes a fresh, contemporary story about a girl coping with PTSD and the boy who wants to help her move on from the past. Perfect for fans of Sarah Dessen or Jenny Han.

Sixteen-year-old Maguire knows the universe is against her. No matter how many charms she buys off the internet or good luck rituals she performs each morning, horrible things happen when she's around. Like that time the roller coaster jumped off its tracks. Or the time her brother, father, and uncle were all killed in a car crash--and Maguire walked away with barely a scratch. Despite what her therapist tells her, Maguire thinks it's best to hide out in her room, far away from anyone she might accidentally hurt. But then she meets Jordy, an aspiring tennis star who wants to help her break her unlucky streak. Maguire knows that the best thing she can do for him is to stay away, but it turns out staying away may be harder than she thought.





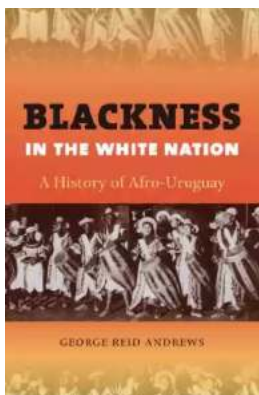
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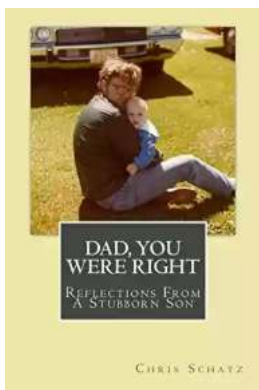
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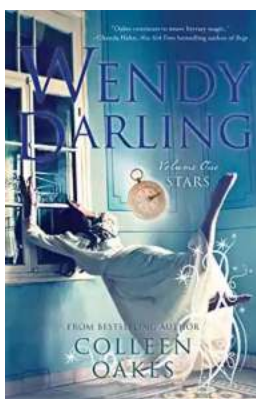
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