

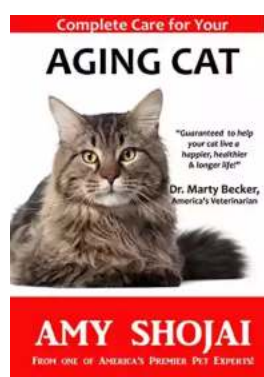
# Discover the Secrets to Providing Complete Care for Your Aging Cat and Ensuring a Happy, Healthy Life!



As our feline friends age, they require special attention and care to ensure they enjoy a comfortable and fulfilling life. Just like humans, cats go through physical and mental changes as they grow older, which means it's crucial for us as responsible pet owners to understand their needs and make the necessary adjustments to their lifestyle.

## **The Aging Process: What to Expect**

As cats age, they may start experiencing a variety of physical and behavioral changes. It's important to recognize these signs early on to provide appropriate care and seek veterinary attention if necessary. Some common changes include:



## Complete Care for Your Aging Cat

by Amy Shojai(Kindle Edition)

★★★★☆ 4.6 out of 5

Language : English  
File size : 7963 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 322 pages  
Lending : Enabled



- **Joint pain and stiffness:** Arthritis is a common condition in aging cats, affecting their mobility and causing discomfort. Providing them with joint supplements or medication can greatly improve their quality of life.
- **Dental issues:** Older cats often experience dental problems such as gum disease and tooth decay. Regular dental check-ups and a proper oral hygiene routine will help prevent discomfort and potential health issues.
- **Changes in appetite:** Senior cats may develop a decreased appetite or obesity, leading to weight loss or gain. Monitoring their diet and providing appropriate nutrition is crucial to maintaining their overall health.
- **Decreased energy levels:** Aging cats tend to become less active and may sleep more. Adjusting their daily exercise routine can help them stay fit while considering their mobility limitations.

- **Changes in litter box habits:** Older cats may struggle with using the litter box due to arthritis or other physical challenges. Ensuring easy access to litter boxes and using litter that is gentle on their paws can help them maintain proper hygiene.
- **Behavioral changes:** Cats may become more anxious or irritable as they age. Creating a calm and comfortable environment can help them alleviate stress and anxiety.

## **Expert Tips for a Happy, Healthy Cat**

Now that you know what to expect from your aging cat, let's explore some expert tips to ensure they receive the best care possible:

### **1. Regular Veterinary Check-ups**

Regular check-ups are essential for senior cats to detect any health issues early on. Your veterinarian can provide a thorough examination, monitor their weight, and run necessary blood tests to ensure optimal health.

### **2. Balanced Diet**

Specially formulated senior cat food provides the necessary nutrients to support their aging bodies. Avoid overfeeding and monitor their weight to prevent obesity, as it can lead to serious health complications.

### **3. Joint Care**

Help alleviate joint pain and stiffness by providing your cat with joint supplements or medication. Discuss with your veterinarian to find the most suitable options for your feline friend.

### **4. Dental Hygiene**

Brushing your cat's teeth regularly with feline-specific toothpaste will help prevent dental issues. Additionally, offering dental treats or toys designed to promote healthy gums and teeth can contribute to their oral health.

## **5. Physical and Mental Stimulation**

While your aging cat may not be as energetic as before, it's still important to provide them with mental and physical stimulation. Interactive toys, scratching posts, and gentle play sessions can help keep your cat active and engaged.

## **6. Comfortable Environment**

Create a cozy and senior-friendly environment by providing soft bedding, easily accessible litter boxes, and warm spots to relax. Consider installing ramps or stairs to help them navigate their favorite elevated spots with ease.

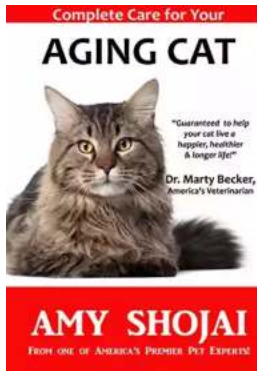
## **7. Love and Affection**

Never underestimate the power of love and affection! Spend quality time with your aging cat, give them gentle massages, and create a calm atmosphere to help them feel secure and loved.

Caring for an aging cat can be a rewarding journey. By understanding their specific needs and making appropriate adjustments to their lifestyle, you can provide them with a happy and fulfilling life during their golden years. Remember that regular veterinary check-ups, a balanced diet, joint care, dental hygiene, physical and mental stimulation, a comfortable environment, and, most importantly, your love and affection are the key components for complete care for your aging cat.

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Advances in veterinary medicine have nearly tripled how long cats live. But old cats have special health and emotional needs, and require senior cat food, and aging cat medical care. A longer life means old cats suffer age-related conditions such as cat kidney failure, kitty diabetes, and feline arthritis, all of which can be successfully managed with your loving assistance.

**PRAISE for COMPLETE CARE FOR YOUR AGING CAT!**

"Guaranteed to help your beloved pet live a happier, healthier, fuller life. While this comprehensive and groundbreaking book presents cutting edge medical information, Shojai makes sure that it's proven and practical. Captivating true stories of 'successful agers' will motivate you to make sure you give your pets the best care possible." --Dr. Marty Becker, resident veterinarian on Good Morning America and best-selling author

"Once again Amy has done it! VERY important, useful and valuable information in a concise, easy to read work. Our pets are living longer--and with this interesting and complete book--healthier lives. If you have a middle aged to older pet, this book is a Must Have!" --DR. JIM HUMPHRIES, Contributing Editor to CBS's The Early Show

"What a read! Complete Care for Your Aging Cat provides a practical, easy-to-read guide about health care for the aging cat. If you have an aging cat, this is a 'must have' book. It provides simple question-and-answer treatment of essentials of aging cats." --Dr. Johnny D. Hoskins, Internist for older dogs and cats

Award Winning Book Keeps Your Aging Cat Loving Longer, Living Better!

As cats age, elderly cats deserve and require special cat health care to prevent cat problems. COMPLETE CARE FOR YOUR AGING CAT explains how old do cats live, how old is a "senior cat," and old cats health and behavior changes. You'll find all the must know information about old cats, cats illness and cat symptoms, with veterinary advice for keeping your old cat healthy and treating your sick cat if necessary.

Complete Care for Your Aging Cat contains the answers you need to care for your mature cat. Pet expert Amy Shojai explains:

- How to entice your older cat into getting more exercise
- What changes to expect as your cat ages--and which changes are natural and which are warning signs that should send you to the veterinarian
- Which pet-specific over-the-counter cat medications every owner should keep on hand
- How to use the L.O.V.E. Program to keep your cat loving longer and living better
- Tips on everything from choosing the right products and cat foods for your aging cat
- How to offer old cats nursing care at home for common old cat conditions
- Information about cat symptoms and feline treatments for cat kidney disease, hyperthyroidism in cats, cat urinary tract infection, cats and diabetes, blind cat, deaf cat, cat stroke, feline diarrhea, cat constipation, old cats not eating, litter box problems and more.

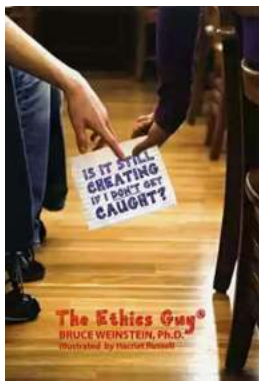
Filled with heartwarming stories of successful senior citizen cats, the latest developments in treating feline illnesses in old cats, age-defying tips, and comprehensive reference material, this is the definitive guide to turning back the clock on aging--and keeping senior cats vital, happy, and active throughout their golden years.

Amy Shojai is a certified animal behavior consultant, and appears on Animal Planet's CATS 101 and DOGS 101. She is the author of more than two-dozen award winning pet care books including COMPLETE CARE FOR YOUR AGING DOG.



## Everything You Need To Know About Building Referral Revenue Online

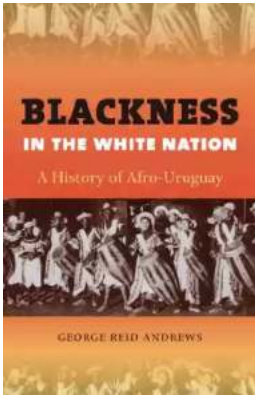
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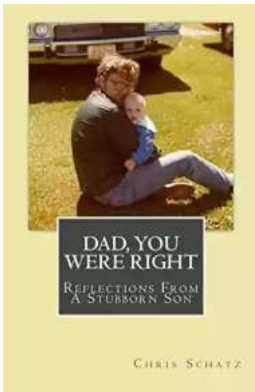
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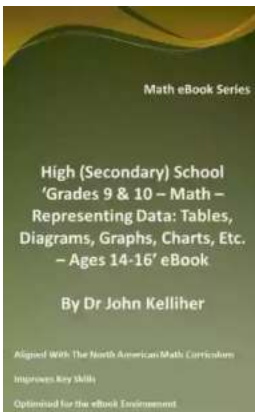
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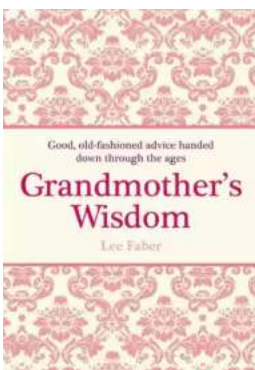
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