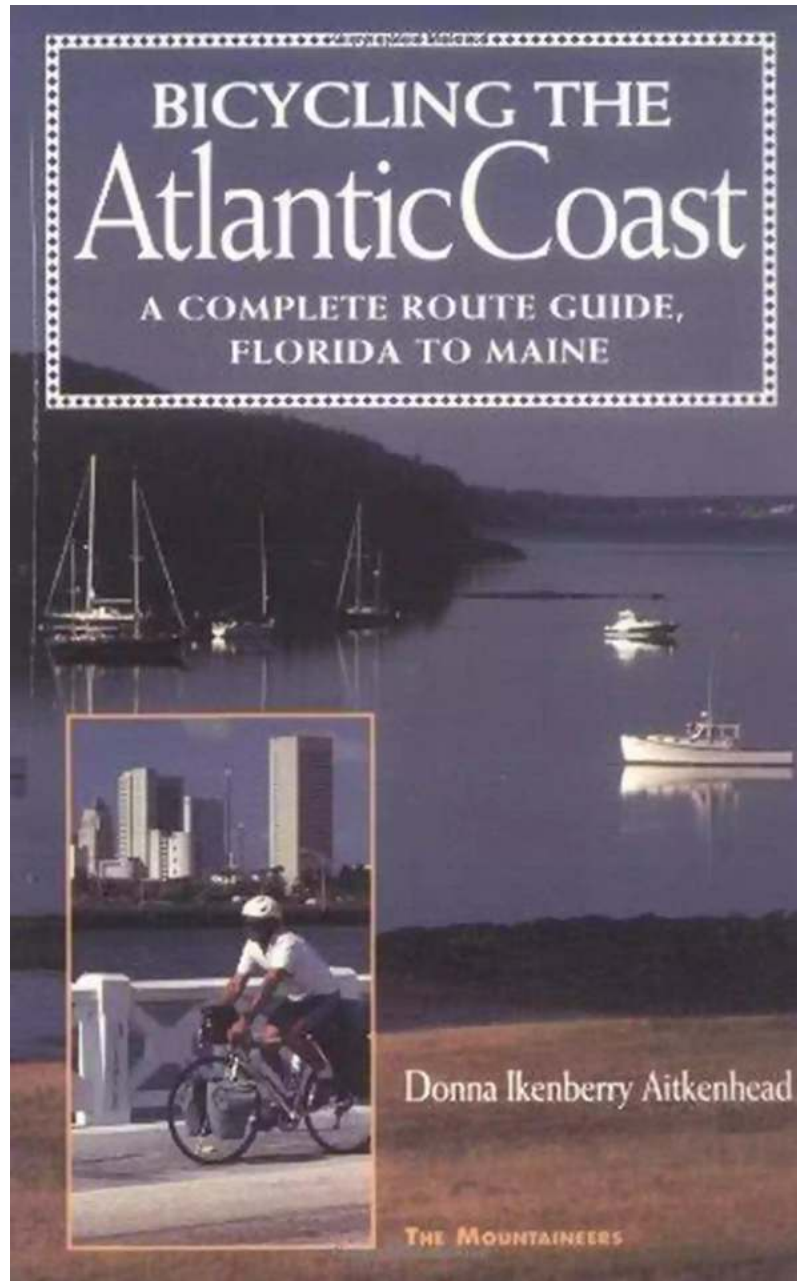


Bicycling The Atlantic Coast 2800 Miles From Florida To Maine

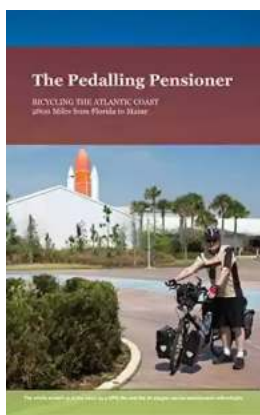


Are you ready for an epic adventure? How about bicycling along the stunning Atlantic Coast, from sunny Florida all the way up to picturesque Maine? This incredible journey covers a distance of 2800 miles, taking you through breathtaking landscapes, historic towns, and iconic landmarks. Strap on your

helmet, fill up your water bottle, and let's dive into this once-in-a-lifetime experience!

Section 1: Florida to Georgia – Exploring the Sunshine State

Your journey begins in enchanting Florida, the Sunshine State. Start off in by cycling through the bustling streets of Miami, soaking in all that vibrant city life has to offer. As you venture north, you'll encounter beautiful coastal views and famous spots like Daytona Beach, known for its thrilling motorsports events.



The Pedalling Pensioner: BICYCLING THE ATLANTIC COAST 2800 Miles from Florida to Maine by Mary Crockett (Kindle Edition)

★★★★★ 5 out of 5

Language : English
File size : 358 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 99 pages



Section 2: South Carolina to North Carolina – Southern Charm and Coastal Beauty

Leaving behind the palm trees of Florida, you'll enter South Carolina, where Southern hospitality and charming coastal towns await. Paddle your way through stunning coastal regions, enjoy fresh seafood in quaint fishing villages, and be captivated by the historic charm of cities like Charleston and Beaufort.

Section 3: Virginia to Maryland – History Comes Alive

Prepare to pedal across states steeped in history and rich in natural beauty. Heading through Virginia, visit the historic Jamestown Settlement and ride through the oak-lined roads of Colonial Williamsburg. Mount Vernon, the iconic home of George Washington, is also a must-see along the way. In Maryland, explore the Chesapeake Bay area, famous for its scenic views and delicious seafood.

Section 4: Delaware to New Jersey – Coastal Delights and Quaint Boardwalks

Biking through Delaware, you'll have the chance to explore the stunning shores of Cape Henlopen State Park. As you venture into New Jersey, don't miss the opportunity to take a break on one of the charming boardwalks, such as Atlantic City's renowned stretch. Enjoy the ocean breeze and indulge in some well-deserved treats before moving forward.

Section 5: New York to Connecticut – Big City Vibes and Charming Seaside Towns

As you cycle into New York, you'll have the chance to conquer the lively atmosphere of the city that never sleeps. Visit Central Park, cruise through Times Square, and be awed by the architectural marvels of the Manhattan skyline. Once you've soaked in the big city vibes, continue north into Connecticut, where quaint seaside towns like Mystic await.

Section 6: Rhode Island to Massachusetts – Coastal Tranquility and History

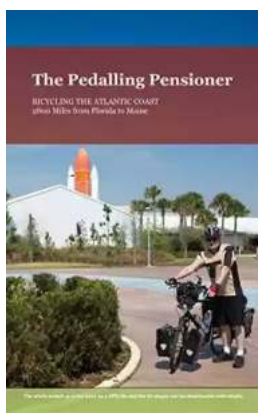
Rhode Island, also known as "The Ocean State," offers stunning coastal scenery and historic landmarks. Explore Newport's famous mansions and stunning 19th-century architecture. Pedal your way into Massachusetts, and be sure to visit Cape Cod, a haven for beach lovers and outdoor enthusiasts.

Section 7: New Hampshire to Maine – Nature's Wonders and Stunning Landscapes

The final leg of your journey takes you through New Hampshire's picturesque landscapes and into the beautiful state of Maine. Experience the beauty of Acadia National Park, where breathtaking coastal views and granite peaks await. Finally, reach your goal: the charming town of Bar Harbor, located on Mount Desert Island, and revel in your accomplishment.

: Memories to Last a Lifetime

Bicycling the Atlantic Coast from Florida to Maine is a truly remarkable adventure. It's an opportunity to immerse yourself in the diverse cultures, natural wonders, and historical landmarks that dot the eastern seaboard of the United States. Whether you're an experienced cyclist or a beginner seeking a thrilling challenge, this 2800-mile journey will leave you with memories to last a lifetime. So, gear up, get on your bike, and embark on an amazing expedition!



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Book description

Friedrich Müntjes loves cycling.

With his wife Carola he has already made several excellent tours in Europe. They rode over the Alps from Munich as far as Naples. Right across Switzerland and from the Baltic to Bavaria.

On retiring, at the end of 2014, Friedrich needed a new challenge. Right across the United States of America from New York to San Francisco was his first idea. But he didn't want to wait until summer. So he changed the plan at short notice and the exciting tour along the east coast began in March 2015. All alone, he completed the 2800 miles tour in 64 stages.

Friedrich Müntjes takes us with him on his journey to the most important sites of the early settlers. Old and new are strung together like a pearl necklace.

The whole stretch is available as a GPS file and the 64 stages can be downloaded individually.



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