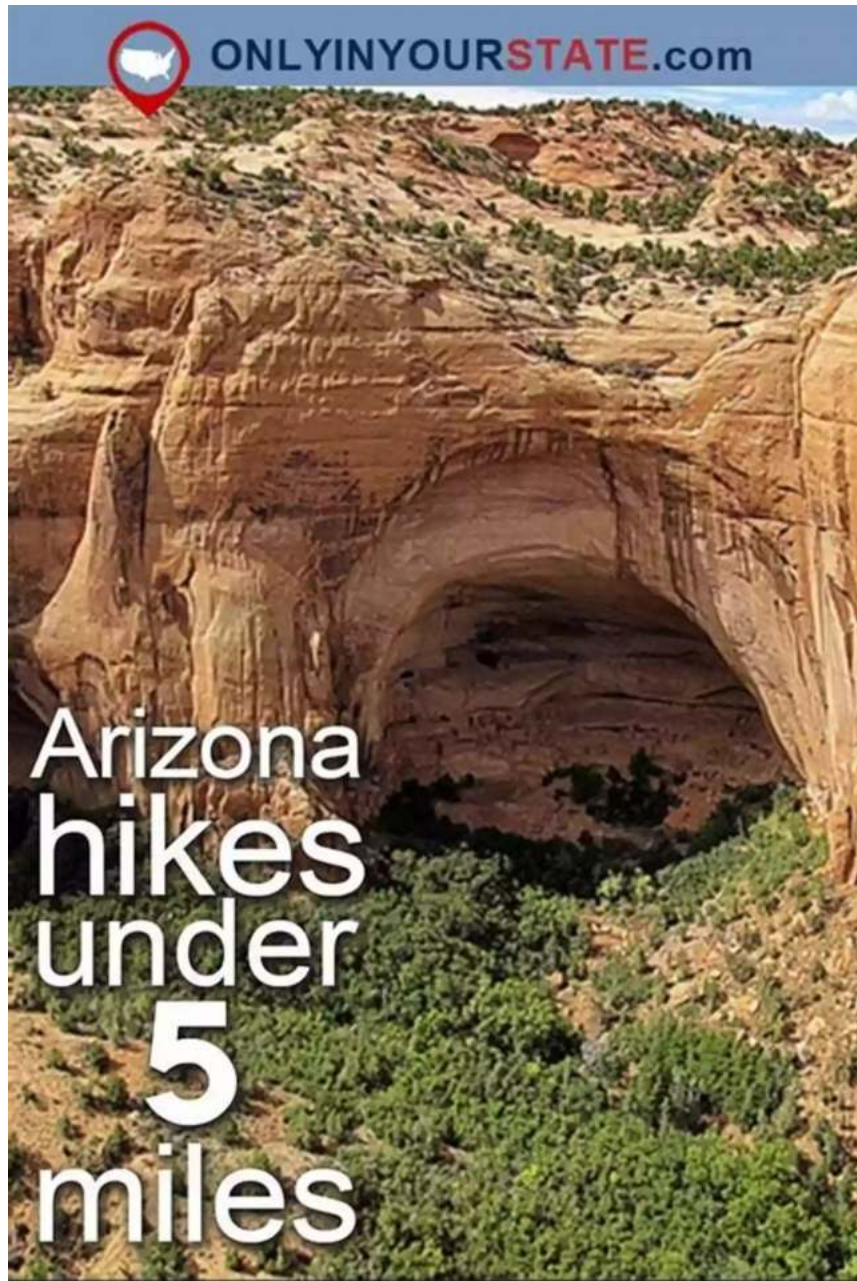


45 Day Walks Including Five Days On The Gr131 Coast To Coast Route Cicerone



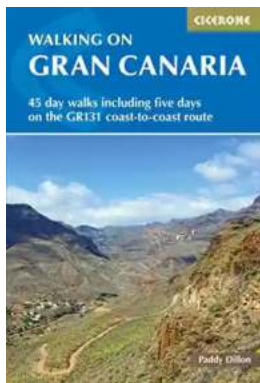
: Embark on an Epic 45-Day Walking Adventure

Do you find solace in the midst of nature? Are you an avid trekker looking for your next big walking adventure? Look no further! We present to you an unforgettable

journey that spans 45 days, including five days on the coveted Gr131 Coast to Coast Route. Get ready to explore breathtaking landscapes, conquer challenging terrains, and immerse yourself in the beauty of nature.

Why Choose the Gr131 Coast to Coast Route?

The Gr131 Coast to Coast Route is a legendary trail that stretches from the Atlantic Ocean to the Mediterranean Sea, taking walkers through the heart of captivating landscapes, picturesque villages, and stunning natural wonders. This route is perfect for those looking to challenge themselves physically and mentally while basking in the glory of the great outdoors.



Walking on Gran Canaria: 45 day walks including five days on the GR131 coast-to-coast route

(Cicerone Walking Guides) by Paddy Dillon (Kindle Edition)

★★★★☆ 4 out of 5

Language	: English
File size	: 17356 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 399 pages
Paperback	: 24 pages
Item Weight	: 2.88 ounces
Dimensions	: 8.25 x 0.06 x 6 inches

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Exploring the Gr131 Coast to Coast Route

Your adventure begins on the rugged western coast, where the Atlantic waves crash against imposing cliffs. As you traverse through ancient forests, lush valleys, and majestic mountains, each step will bring you closer to an unparalleled sense of achievement and serenity.

During your five days on the Gr131 Coast to Coast Route, you will witness breathtaking sunrises and sunsets atop mountains, feel the rush of adrenaline as you conquer challenging ascents, and experience the joy of connecting with fellow trekkers who share your love for the great outdoors. This route is not for the faint-hearted but promises an experience unlike any other.

45-Day Walking Itinerary

Our comprehensive 45-day walking itinerary covers a wide range of trails and terrains, offering something for everyone. Whether you prefer gentle strolls through meadows or challenging hikes up steep mountain peaks, our itinerary has you covered. Here are some highlights of the magnificent trails you will explore:

1. The Enchanting Forest Trail



Embark on a mesmerizing journey through ancient forests, where towering trees create a world of their own. Listen to the symphony of bird songs, breathe in the crisp air, and immerse yourself in the serene beauty that surrounds you.

2. Majestic Mountain Escapade



Challenge yourself with a thrilling ascent up the majestic peaks. Feel the adrenaline rush as you conquer each summit and witness unparalleled vistas that

will leave you in awe. The sense of accomplishment and the breathtaking views make all the effort worth it.

3. Coastal Charms



Immerse yourself in the charm of picturesque coastal villages along the Gr131 Coast to Coast Route. Refresh yourself with a dip in the crystal-clear waters, savor delicious local cuisine, and embrace the unique maritime culture that these coastal towns have to offer.

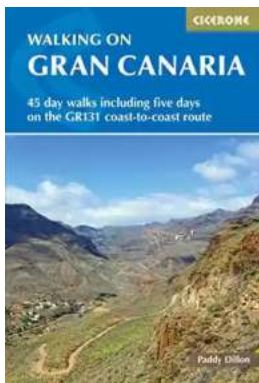
Why Choose Cicerone as your guide?

When embarking on such an epic adventure, it is essential to have a reliable and knowledgeable guide by your side. Cicerone, with its expertise in long-distance

walking routes, is the ideal choice for ensuring a safe and unforgettable journey. Their detailed route guides, maps, and local insights will help you navigate the trail with ease and immerse yourself deeper into the local culture.

The Journey Begins!

Are you ready to embark on the journey of a lifetime? Lace up your hiking boots, pack your backpack, and get ready to explore the magnificent landscapes on our 45-day walking adventure, including the unforgettable Gr131 Coast to Coast Route. Prepare for breathtaking vistas, rewarding challenges, and a profound connection with nature. Book your adventure with Cicerone today and let the magic of the trail unfold before your eyes!



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The guidebook describes 45 day walks across eight areas of Gran Canaria, including Las Palmas in the north to Playa del Ingles in the south. Also included is

a five-day coast-to-coast route on the GR131, an island-hopping long-distance trail stretching across all seven of the Canary Islands.

There are walks suitable for those of all abilities, ranging in landscape from coastal clifftops to the dramatic volcanic mountains inland. Walks venture through villages and towns, and up to the summits of the highest peaks on Gran Canaria. Each walk gives information on access (predominantly using the island's good bus services), details of places offering food and drink, and notes on the interesting features passed along the way. The book also provides lots of background information on geology, wildlife, plants and flowers as well as practical information on accommodation, currency and language.

Gran Canaria is a hugely popular holiday destination but despite this it offers many peaceful locations for walkers to explore and some truly beautiful and striking scenery. This collection of walks showcases the island's remarkably varied landscapes - from arid semi-desert to moist laurisilva 'cloud forests' and rugged mountains and coast.



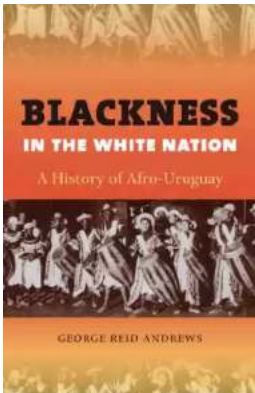
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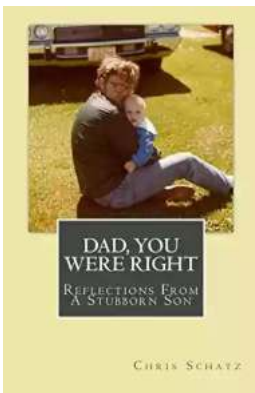
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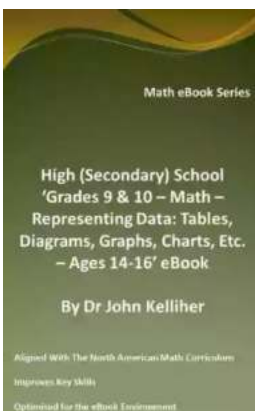
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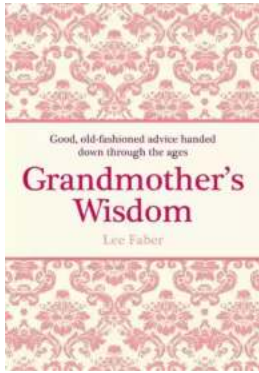
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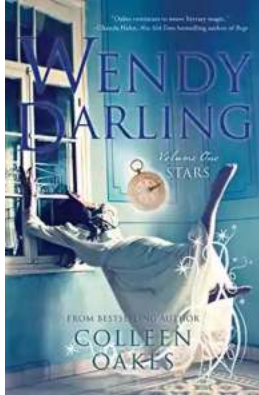
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